





#### ECF Saint Too Canaan College

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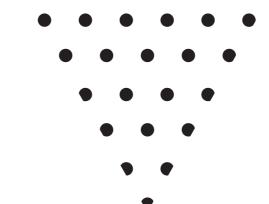
# Principal's Message

## **Overseas Tours**

- 1. School Sports Team Taiwan Training Tour
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- 3. Bali Nature Sanctuary
- 4. Cultural Tourism in Kansai
- 5. Fujian Province Historical and Cultural Study Tour
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# STCC connect

## 李家鳴校長

工 剛過去的 10 月底,我有幸與 70 多位中學校長共赴 首都北京參加由國家行政學院所舉辦的香港中學校長 領導研習班。課程以講座、參觀當地中學、不同單位及機 構為主。

過程中,除了讓我可以認識其他校長外,亦加深了對祖國近年現代化發展的了解。國家行政學院所提供的講座,全部都是由當代頂尖的學者主講,內容包括國家憲法、文化傳承、外交政策及科技發展等不同範疇。在學習過程中,讓我彷彿回到大學時期,重新喚起當年自己對人文學科的關網。

回想起當年自己在香港中文大學修讀歷史系,但大學要求 我們除了本科知識外,亦需選修其他學系的學分,當時我 對中國語文、工商管理學、心理學、傳理學、甚至資訊科 技學等都有興趣,所以也有所涉獵。而我彷彿能自由自在 地在這些學問中探求知識、尋根究底,實在是好得無比。

在中大畢業後,我又先後完成學位教師教育文憑、學生輔導專業文憑、中國文學、語言及文化文學碩士、通識教育科課程發展與教學文學碩士及基督教研究碩士。而今年,我亦開展了人生第四個碩士課程。或許,大學的學士課程

只是為我們開啟了知識

国家行政学院 CHINA NATIONAL SCHOOL OF ADMINISTRATION 之門,讓我們掌握更多讀書及求學的方法,而當你喜歡才 知,當你對事物感到好奇時,你自會發覺「書中自有黃金 屋」,讀書的確不是一件苦差事。

各位家長們可能會有疑問,到底怎樣培養孩子對學習的 興趣呢?卡羅爾·德韋克(Carol S. Dweck)的《心智成 長:如何培養孩子的學習興趣》主要探討了「心智模式」 (mindset)對學習和成功的影響。其中提及了兩種不同的 思維方式:固定心智模式(Fixed Mindset)以及成長心智 模式(Growth Mindset),後者相信能力和智慧可以通過 努力和學習而增長。持有這種心智模式的學生更願意面對 挑戰,並從失敗中學習。

書中強調,持有成長心智模式的學生會將失敗視為學習的機會,而不是對自身能力的否定。這種態度能夠引導他們在學習過程中保持積極。讚美學生時應該專注於他們的努力和過程,而不僅僅是結果。這樣能夠促進他們的成長心智模式,讓他們更加重視過程中的學習。

而在北京之行中,我參觀了一間當地的中學。在其中一次 觀課中,美術老師安排了當地的學生成為我們一眾校長的 「小導師」,一同製作一種叫「麥秸畫」的北京傳統工藝。 對於不擅長美術的我,製作時感到十分困難,但當時在旁 的「小導師」,竟不斷鼓勵及欣賞我,說「不知道為何你 做得那麼好……」從未在美術方面受稱讚的我,當時真的 受寵若驚,但也因此令我有信心繼續完成製作。正正是這 次探訪的經驗,令我更相信,成長心智模式正是現今孩子 所需要的陪伴方式。其實令一個人成功,不單在於能力, 更在於心態。家長若有興趣,不妨可在這方面有更多了解。

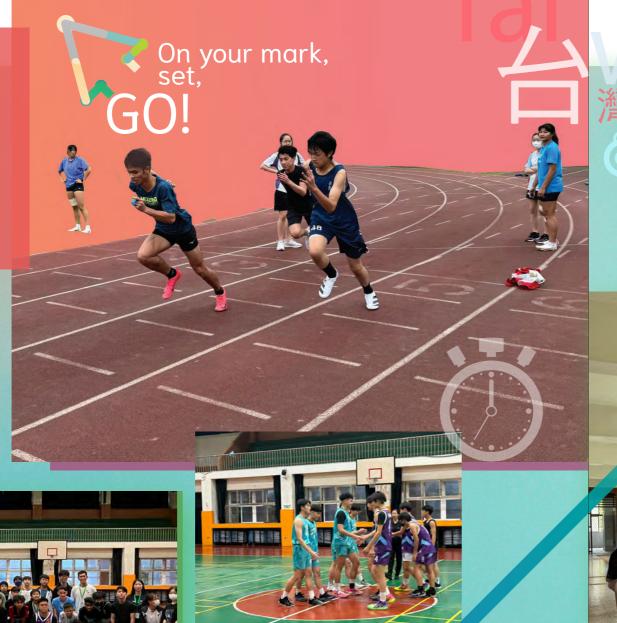


AL SCHOOL



rom 25th to 28th March, 2024, Ms Leung Lai Chong, Ms So Suet Shan, Ms Ma Ming Wai and Mr Lam Ho Yin accompanied thirtythree STCC students from our athletics, basketball and football teams and spent 4 days in Taiwan joining our very first overseas training after the covid pandemic. The tour aimed to broaden students' horizons and knowledge, develop their particular sports skills and teamwork as well as to strengthen their sense of national identification.

STCC, New Taipei Senior High School, Taipei Wanfang High School and Taipei Municipal Dali High School gathered together and launched a three-day sports team exchange activity aimed to enhance the connection between young people in the two places. We had training and friendly matches against each other. We also got a chance to communicate with local students about their studies and lifestyle.



Apart from trainings, we visited The University of Taipei to know more about their physical education development and facilities. We also visited some of the famous tourist attractions such as Dihua Old Street, Dadaocheng Wharf Container Market and Ximending Walking District, etc.

This exchange with the Taiwanese team allowed our students to experience games with different opponents and different intensities, providing them with a growth opportunity that was different from daily training and enhancing their ability to withstand pressure.



Thank you coach!









rom 24th to 28th March, 2024, Ms. Wong Yu Lan and Mr Lam Chi Fung accompanied ten S3-S5 students participating in a service tour in southern Thailand organised by Cell Church Mission Network (CCMN). The 5-day tour immersed our students in various missions. They shared Jesus' love, cared for the underprivileged children and families, and served the elderly there.





A highlight of the Thailand Service Tour was the opportunity to engage with local Thai people, interact with them and experience their local customs and culture. Students were invited to have meals with local families and immersed themselves in experiencing Southern Thailand people's daily life which is very different from the one in Hong Kong. Students were also given a chance to deliver daily necessities to patients in a local hospital, refurbish classrooms in a local school and hand out insect repellent to fishermen in a local village.

Throughout the journey, our students demonstrated strong traits of being servant leaders. They showed empathy and spread the meaning of Jesus' love to a group of people who otherwise could barely have a chance to experience the love of Jesus. They gained an understanding of the importance of helping underprivileged families and the joy of serving other people. This immersive experience has undoubtedly enriched their understanding of Thailand's local customs, emphasizing people's needs and inspired them to be more engaged in global charity services.

We visit an island and distribute

mosquito coils to the villagers.

We visit a local Muslim school and help to paint the walls of some classrooms, which are fairly old. As it is very hot here and the task isnot easy, we areall exhausted!

# Thailang

The young girl became disabled due to some severe disease. She feels very pleasant and comfortable after taking a shower with our students' help.

We visit a family and help to clean up their house.

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Overseas Tours





wasn't really expecting to have any impactive experience in the trip, but I was totally wrong. This service trip not only had an immense impact on my thoughts, emotions and personal reflections but also deepened my understanding of others as a Christian. Being able to serve others, while learning about their stories was undoubtedly an unforgettable experience. I cannot put into words how grateful and amazed I feel for the people I have met and the experience I have had. Just like many others in the group, I just wish that I could go there again one day and embrace all the precious moments.

Mariana Lisboa De Castro | 5 Hı

ne of the unforgettable moments in the Thai service trip was visiting and giving snacks to patients at the hospital. Before the visit, I kinda refused to go there since I thought it was really terrible to see patients suffering from painful diseases. However, my teammates encourage me to walk out of my comfort zone and give it a try. I finally accepted this "mission" and tried to get close to one of the elderly patients on my very first visit there. He was very thin and had malnutrition. He suffered from stomach pain frequently. I gave the snacks to him nervously as he was clutching his stomach tightly. Even though he was still in pain, he thanked me even though he was still in pain. He was pleased to have us here and see us deliver our love to the community. I was touched by his words, which motivated me to communicate with other patients more actively. After visiting the hospital, I realized how brave I am and the love from us was really vital to the community.

Ng Chi Hei Class | 5 Fa

# Thailand Service Trip

The most impressive part of the Thailand Service Trip is that we got to visit the locals who are in need. Just seeing that they don't have an air conditioner or even a fan in the hot weather is very heartbreaking. The only thing that we could do was to help them. I remembered that we visited a family whose girl was abandoned by her parents and only her grandmother was taking care of her. She couldn't walk since the age of 8. However, she still smiled when she talked about her life. She said that she enjoys her life despite encountering those bad situations. The only thing that we could do was to clean her house and also talk to her grandmother to encourage her. She told us to be positive and be grateful for the things that happened in our life. This was the most touching and impressive part and I still remember it.

Vong Wai Chit, Adrian | 4Hr





The hospital there is not in a very good condition. We visit the patients and distribute some gifts to them, with our greeting and blessing in Thai.



One evening, we visit a family in a village. We enjoy a warm and delightful dinner with the family members. After that, we listen to the sharing of a daughter in this family, who miraculously overcame cancer and converted to Christianity. Hallelujah!





The Bali Green Camp is one of the world's greenest and most innovative campuses. 30 STCC students spent 5 days in the camp located in the middle of a jungle, living a life challenged physically, intellectually and emotionally through a range of hands-on activities designed to stimulate different needs, skills as well as living rustically. It teaches sustainability through community-integrated, entrepreneurial learning in a wall-less, natural environment with every building made completely with bamboo. After the tour, our students now better understand and appreciate the multifaceted values of nature and enhance their confidence as young 'green leaders' empowered to live successful and sustainable lives.

I'm really glad that I had the opportunity to join the trip to Bali. During the Life Wide Learning (LWL) week I learned a lot, especially about communication skills, as there were many games organized by Green Camp that required teamwork to overcome the challenges.

The most memorable experience was a program called "Master Chef." We had just 40 minutes to prepare two dishes. We had to handle everything by ourselves, from buying ingredients at a traditional market to cooking. I realized how important communication was. If we hadn't communicated effectively well before the program, we would have ended up in a mess.

Although we didn't win the "Master Chef" competition, I still had a fantastic experience. I learned how to communicate with other students I had never met before. As someone who is introvert and weak in communication, I'm really happy that I had the chance to go to Bali.

Ng Ci Ai | 5 Faith



Say 'Bali'! - Mepantigan mud wrestling

uring my journey in the Green Camp, I gained a wealth of knowledge about the environment and learnt to appreciate the value of everything in our daily lives. Despite the hot weather, I lived life to the fullest each day, made many new friends, and experienced fatigue and joy at the same time.

The Green Camp is a truly eco-friendly place, adorned with numerous plants. Everything there, like the houses and eating utensils are crafted from bamboo and banana trees, showcasing sustainable practices. What surprised me most was the compost toilet. I worked really hard to adapt to such a unique 'challenge'. I can still remember the smell of the toilet.

Throughout the journey, I learned a great deal about environmental protection. For instance, we had hands-on experiences creating bamboo paper and building a boat with bamboo. I also explored the local customs of Bali and had the opportunity to visit a place to learn about its history.

In summary, my journey was filled with valuable lessons about the environment and the importance of conserving our resources.

Chung Sze | 4 Love



After visiting the Green Camp, I learned about sustainable development and had a reflection on my my daily-life habits when I returned to Hong Kong.

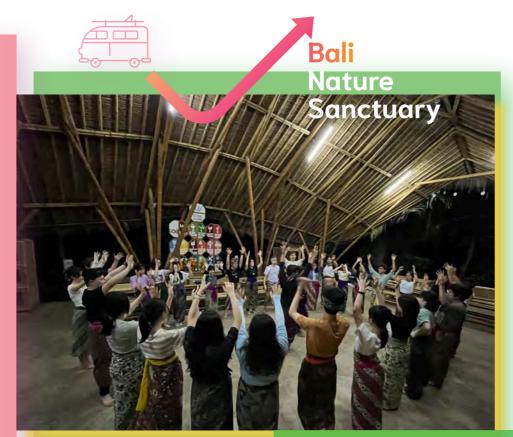
Initially, it was a challenge for us to adapt ourselves to the hot weather, insects, and compost toilets, as we were raised in a city. I often felt overwhelmed and wanted to leave the camp. Fortunately, the weather became cooler on the third and fourth days, and our teacher arranged a different bathroom for us to take showers.

In the Green Camp, my favorite activities were building a bamboo raft and went rafting. These activities required skills and creativity. I had never learnt such skills in Hong Kong before. Although the building process was tiring, I had a lot of fun crossing the river on our handmade raft.

The camp allowed me to gain new experience and exposure.

The trip did push me to step out of my comfort zone and helped me gain valuable knowledge about sustainability. I believe this was a meaningful experience that will stay with me for a lifetime.

Yau Hiu Tung Yunice | 5Faith



Students are learning traditional Balinese dance.



Green Camp Master Chef – cooking competition of plantbased food







**主任**到日本京都,大家首先想到的是甚麽?清水中,等了量山?樱花?在今次的遊學中,學生學到的比旅行更多。

2024年的3月24至28日,陳健豪老師、羅嘉麗老師、周劍峯老師和莫煒怡老師帶領40位同學到訪關西,與當地旅遊局官員交流,了解中華文化在日本的意涵,藉此體驗外情內禮的同理心教育。

在旅程中·學生有很多深刻的體會:加日本旅遊局官員在講座中引用中國《易經》講解「觀光」的含意是「觀國之光·利用賓於王」·讓學生恍然大悟· 領略到中華文化和文字對日本有深遠的影響。

之後學生到了清水寺參觀,清水寺的建築風格深受中國唐代建築的影響。寺廟的水結構、飛檐翹角和雕刻裝飾都讓人聯想到中國古代的寺廟。這些建築元素不僅展示了中日文化交流的歷史,也讓學生感受到兩國在藝術和建築上的相互影響。

最後,同學以櫻花的意象創作不同的文學作品如新詩、舊曲新詞等。獨一無二的作品為今次難忘的京都之旅畫上一個完美的句號。



這裡人多還是鳥居多?

大雨過後的豆腐料理特別甜。



大阪城下一聚:戰國大名豐臣秀吉的居城。



在旅程中我體會到日本人在待人接物方面的重視,不但十分有禮貌,而 且那怕只是在便利店,店員也會從客人角度出發,思考客人的難處。這 些種種有關旅款科的實際體驗,使我對日本留下深刻的印象。

葉銘希 | 四愛





文字的起源:甲骨文。

嵐山竹林:世界名著《源氏物語》的入口。



# Kansai

我們在京都平等院留下 3年 我們的足印。•





西文化之旅令我們不論在學識、認知 及感受上都有了新的體會。櫻花瞬間即逝的美麗、寺廟相傳的神話故事、日本當 地的特色美食,無一不令人流連忘返。但重 中之重便是明白到文學賦於了世間萬物特殊 意義,以靈感創作,寫出新的意象。

伍卓懿 | 五誠(17)



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rom 25th to 28th March, 2024, Mr. Wong Chi Wing, Ms. Chan Kin Ming Vivian, Ms. Au Yu Yan and Ms. Lui Wing Shuen accompanied forty S3-S5 students to Fujian Province and enjoyed a historical and cultural study tour. Throughout the 4-day tour, our students immersed themselves in the rich heritage and time-honored traditions of this remarkable region.

A highlight of the Fujian cultural tour was the opportunity to explore the remarkable Tulou earthen dwellings. These massive, circular communal houses — some dating back centuries — are an architectural marvel and a testament to the ingenuity of the Hakka people. The Tulou embodies the Hakka values of communal living, self-sufficiency and harmony with the natural environment — qualities that deeply resonated with our students and left a lasting impression. Furthermore, the tour culminated in the historic city of Xiamen, where we explored the well-preserved Gulangyu Island, a UNESCO World Heritage site known for its diverse architectural styles and rich history. Students wandered through the picturesque lanes and visited cultural landmarks.

Throughout the journey, our students demonstrated a deep fascination with Fujian's

remarkable historical sites, traditional heritage, and enduring cultural practices. This immersive experience has undoubtedly enriched their understanding of China's diverse cultural tapestry and inspired them to become more engaged global citizens.

#### 鼓浪嶼

**士→** 浪嶼對我而言是一個世外桃源·是一個隔絕外界·同 觀多座被列入世界文化潰產的別墅,欣賞美麗的日落景色 和認識當地的歷史。

Chung Cheuk Ling | 4 Faith



Excited to bring a taste of Fujian's culinary heritage

back home as a souvenir.



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Let us witness how Fujian's rich heritage of innovation and creativity is being channeled into pioneering digital solutions.



A presentation by students during a reflection and sharing session.





Exploring the historical events and figures associated with local maritime development.

● had mixed feelings about Tulou (福建土樓). It embodied the importance of diligence and perseverance, which were the values the ancestors needed to keep building Tulou. Then, the respect the Chinese people have towards their ancestors is something which made me think of my own culture, where respect towards the elderly is shown otherwise.



Students pose excitedly in front of a massive

aircraft at the ANA blue hangar, eager to learn

about aviation engineering.

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■ ave you ever wondered how Japan leads in technological advancements? Our students discovered the answer on the East Japan STEAM Tour!

From 24th to 28th March 2024, Mr. Yip Chun Wa, Mr. Ho Ming Fai, Mr. Lam Ming Sum and Ms. Lai Yi Pinky guided thirty-six secondary school students on an educational journey across Tokyo. The goal was to inspire students by exposing them to cutting-edge technology and scientific breakthroughs.

The tour began at the Railway Museum, where students learned about the evolution of Japan's railway. At CIT Tokyo SkyTree Campus, they explored the latest robotics and space advancements. The National Museum of Emerging Science and Innovation (Miraikan) offered hands-on experiences with pioneering scientific research.

Kawasaki Robostage showcased the role of robotics in various industries, while the Yokohama FLAT4 Museum displayed the history and evolution of automotive technology. At the Toshiba Science Museum, students delved into Toshiba's innovations and their societal impacts.

Students examine a satellite model at JAXA Tsukuba Space Center, learning about its design and functionality. JISION with Japan's space exploration efforts.

The ANA Blue Hanger Tour provided insights into aviation technology, and TeamLab Planets TOKYO merged art with digital technology in an immersive experience. Cyberdyne Studio highlighted medical advancements aiding mobility, and the JAXA Tsukuba Space Center inspired students

Overall, the tour was a resounding success, broadening students' horizons and fueling their passion for STEAM fields. Our students returned with a deeper understanding of technological innovation and a renewed enthusiasm for learning, ready to apply their newfound knowledge to future challenges.



東日本 STEAM 猫

Students pose in front of a large rocket at JAXA Tsukuba Space Center, excited by space exploration technology.



Students sit in chairs moved by a robotic arm at Kawasaki Robostage, wearing VR headsets to simulate

↑ t Cyberdyne Studio, I saw futuristic requipment that captivated me. It assists individuals who are unable to transmit beneficial for the elderly and disabled in recovering from an inability to walk or from degenerative conditions. This technology is surprisingly critical in the future. Ensuring its safety through rigorous testing is crucial, and I believe developing more such technologies care services. Looking forward to having this technology to help numerous disabled

GONZALEZ CHAN Juan Jose | 3Pr



Students display selfportraits drawn by a robotic arm at Kawasaki Robostage,

marveling at the art and

Students admire high-speed trains at the Railway Museum, feeling inspired by modern transportation innovations.

technology fusion.

At Miraikan, students catch glowing air fume circles with air guns, marveling at the physics behind them.

Over most railway my transports videos of museum by system to ranging froday, but to electric impressive structures, precision were considered as the physics behind them.

ver the five-day trip to Tokyo, the most interesting thing for me was the railway museum, as trains are my favorite transportation. I could take pictures and videos of different types of trains. The museum brings the history of Japan's railway system to life. Not only are there exhibits ranging from the 19th century to the present day, but the upgrades from steam engines to electric motors are also remarkably impressive. I also learned about unique structures, like the spinning table, and the precision with which trains operate in Japan.

au Pok Yin | 4 Faith

At the Railway Museum, students capture videos of a model train system in motion, marveling at its intricate engineering.

ELI STEAM

900
SH O 25

At the Railway Museum, students gather in front of a historic train, excited to learn about rail transport evolution.



A Journey of Career Exploration and Civic Education in Seoul

Our students are interviewed by a local daily newspaper, the Chosun Ilbo, during their visit to Yonsei University.

Myeongnyundang is one of the Joseon era buildings that can still be seen at the campus which served as the main lecture hall of Sungkyunkwan University.







Students try to be part of the backstage team at KBS.

The most memorable experience of the tour was visiting Yonsei University. The campus impressed us with its stunning scenery and unique British-influenced architecture, which is quite different from universities in Hong Kong. We were particularly amazed by the design of the university library, which resembled a grand bookshelf with the books seamlessly integrated. The students that we met were friendly and welcoming, and the guide shared some fascinating historical details about the university.

This experience allowed us to appreciate the distinct differences between university and secondary school environments. The contrast in campus design and culture has broadened our understanding of higher education in South Korea.

Overall, the visit to Yonsei University was both visually captivating and intellectually stimulating, offering a glimpse into the rich heritage and innovative spirit of this leading academic institution.

Chan Hui Lok | 4 Hope So Chun Chung | 4 Love Sung Kai Hin | 4 Love Wong King Lok | 4 Hope



n the third day of the tour, we volunteered at a community

center in Seoul that provides food and various services for the elderly. We helped with preparing food for the elderly, including washing and cutting vegetables, cooking, washing dishes, and delivering food to those who came for a free lunch. It was an unforgettable experience. We enjoyed the activity and believed it will become a memorable experience for us. Even though it was a busy and tiring day, we found it very fulfilling. Throughout this volunteer work, I realized that there are many people in this world who need help and care. Although we only made lunch for the elderly today, it was a great act of care and assistance for them. Even small acts of help can make a significant difference.

> Chan Hei Tung | 3 Hope Chan Miu Wa | 3 Perseverance Lau Hebe | 3 Love Wong Sze Shun | 3 Honesty





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n August, a group of twenty students, with Mr. Yan Ka Chi and Ms. Wong Pak Yi, had the opportunity to travel to Sydney for a 10-day study tour. We stayed in Pacific Hills Christian School for days to attend lessons together with the local students while we could explore the nature and the city of the country.

Staying with the host families, our students were able to learn and use English in an authentic environment and get immersed in the local culture.

Staying in Australia was a great opportunity to enrich my understanding of Australian culture and its education system.

At PHCS, I was impressed by the wholesome and supportive vibe and the diverse subjects offered. Participating in the PE and Arts classes allowed me to explore new interests and make long lasting friendships. The local students were eager to share their points of view and experiences with us, and we often shared the stories about our cultures, which deepened our relationships.

During my stay, I lived with a welcoming Australian family. Sharing meals with them and participating in family activities helped me appreciate the daily life of Australians. Of course, I could also attend their Sunday service at a local church.

A significant highlight was my five-day exchange experience at Pacific Hills Christian School (PHCS), which allowed me to attend classes with local students and engaged in their project designing a Formula -1 car.

I had the chance to explore the local areas with my host family. They introduced the nearby attractions and the unique culture of Australia to us. They also told us about multiculturalism in Australia and advised us to study in Australia.

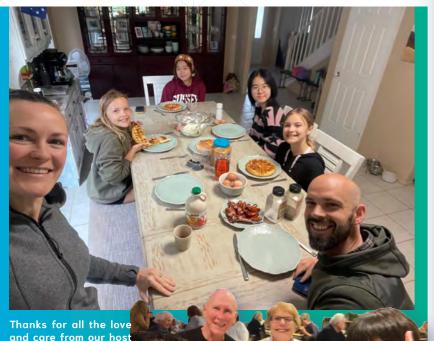
All in all, it was quite a wonderful experience to live with the local family and attend classes with local students, which provided me with unique insights into Australian life. I returned home with unforgettable memories, new lifelong friendships, and a greater appreciation of the great diversity of world cultures. This trip has inspired me to continue seeking chances to connect with others and learn from different cultures.

Chau Man Yui, Frankie | 4 Hope





families!











It's time to explore the wildlife in the Featherdale Wildlife Park. Have you fed a wallaby before?

Kong is about reading, writing, listening and oral skills. We don't really have the chance to study English literature. My first English class at PHCS gave me a mixed feelings, as I had no idea what was going on and felt so confused with the plot of Macbeth. However, I was able to learn how great the impacts could be on the use of adjectives and paragraphing as they were able to shape a character's feeling and

One thing that impressed me most was the learning atmosphere at the school. Everyone is so welcoming and encouraging. The school also gives students a chance to learn something new and explore it for 3 months before deciding whether they want to study the subject or not. They will also showcase a lot of students' work and

There are a lot of unforgettable moments. One of them must be playing touch football. It was something completely new to me and I made tons of mistakes during the match. However, I still think that it's something so precious to me because of the interactions with the local students.

I do miss my buddies at PHCS and my dear host family. Even though it's just a 10day study tour, I do give thanks to the Lord that I have been to Australia as every smiling face has been deeply engraved in my heart.

Ng Wing Tung, Jacquelyn | 4 Ft











We can rely on God and trust each other to step into the unknown courageously.







have a deep conversation with Dr.
Boyce, Executive Principal of Pacific
Groups of Christian Schools about
what Christian education truly is.

It's great to meet our friend and partner, Mrs Hall, Principal of Tyndale Christian School, Blacktown again to share about their mission and vision in education.



raise to the Lord for his indescribable gift!

The Gospel Camp, themed 'The Gems of Life', was successfully held in Wu Kwai Sha Youth Village. To foster S1 students' faith and spiritual growth, they were divided into groups to complete a series of checkpoint challenges, which cultivated the youngsters to understand the truth of the Bible.

In a team competition setting, participants were actively engaged in the 3-day camp. Through a variety of exciting games and self-reflection activities, it was gratifying to see our students strive for effective communication and teamwork skills. During worship and testimony sharing, they were also encouraged to faithfully follow Jesus and his teachings.

#### A Journey of Faith

n 25-28th March 2024, we joined S1 Gospel Camp at Wu Kai Sha Youth Village. All S.1 students participated in various activities such as the trust game, the team building task, hymn singing and bible story reflection. We were divided into groups and led by tutors. Through a series of challenging checkpoints, we had a thorough understanding of the life mission and miracles of Jesus Christ, for He is the way, the truth and the life. Whenever we face difficulties and have a hard time, we must pray and trust in God's loving presence.

Leung Sum Yin , Comus | 1 Honesty

The theme song encourages S1 students to take a leap of faith in Jesus Christ.



1 Honesty girls collaborate to design the group motto.



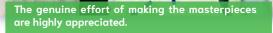
That is a great shot before the next uphill challenge.

It is amazing for the girls to complete the mission of straw game

Special thanks to teachers, ECF churches and the members of U-Fire Networks for their serving with professionalism and sincerity. It is believed that the Gospel Camp has been an inspiring and uplifting learning experience to our students.

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. (Proverbs 3:5-6)

By Mr. Vincent Wong (S.1 Form Teacher)



#### A Pillar of Strength

n S.1 Gospel Camp, one of the most unforgettable experiences was the latenight conversations. I learnt how to listen and understand my classmates' feelings and needs. In this sharing activity, I realized the importance of patience and empathy. While listening to others problems, I should try to put myself in their shoes to express comfort and support. The reflection and inspiration meant a lot to me.

Wong Lok Ching | 1 Perseverance



Thank God for the nice meal and good company.









Even our teacher, Miss Au takes part in the adventure with our students excitedly.

Congratulations to Mr. Tse for his 1 Perseverance group

vinning the competition.



The Adventure-Based Counselling Camp at Ark Life Education House, Noah's Ark Hong Kong Theme Park, and HK Baptist Assembly was packed with excitement and adventure for S2 students! Tackling the Rope Course was both thrilling and nerve-wracking, but it's incredible how such challenges could boost confidence and teach the importance of trust and teamwork.

Students are happy to

accomplish the adventure.

Group activities encouraging student collaboration and communication were vital, especially for building strong friendships and a sense of community. It's great to hear that students had the opportunity to engage in these energetic activities and form lasting bonds.



A student takes up the challenge of the zip-line adventure.

The Activity Reflection sessions were fantastic ways for students to process their experiences and set personal goals. Reflecting on growth is an important part of learning, and it's wonderful that the camp provided this opportunity.

Orienteering adds an adventurous twist, combining exploration with the practical use of maps and teamwork. It must have been exciting for students to discover new areas and navigate Noah's Ark Hong Kong Theme Park!

The camp experience at HK Baptist Assembly itself was unforgettable. With its beautiful surroundings and welcoming atmosphere, students felt inspired and motivated, making the camp memorable for everyone involved.





Students from 2 Perseverance cooperate so well that they win the game at





Workplace Exploration

tudents from Form 3 to Form 5 visited of four different workplaces to gain a better understanding of various professions, their requirements, and career prospects. They engaged in simple leatherwork, explored various gym equipment, and toured the different departments of the Hong Kong and China Gas Company Limited.

On the fourth day, students attended a talk presented by representatives from the Hong Kong and China Gas Company Limited. This session provided valuable insights into the services offered by the company. Additionally, students had the opportunity to participate in a mock job interview, further enhancing their career readiness.





Students try out some basic leather work.

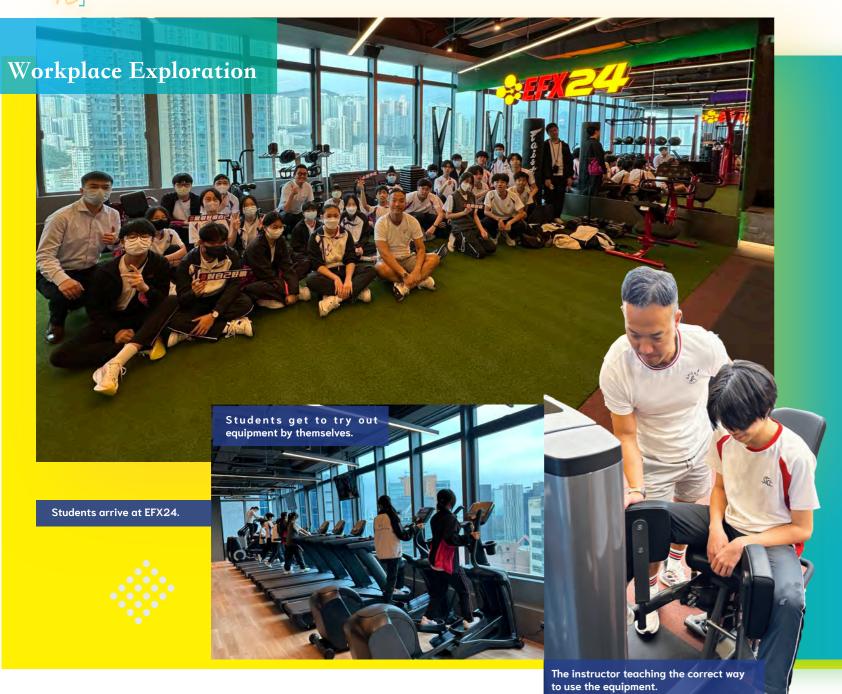
Tannery.



Students join a tour around the Tannery.

Navigate through Learning 2024 **47** 













Staff explains the development of the energy storage device that the Gas Company has been working on.

Navigate through Learning 2024 **49** 



# Boundless Culture:

# The Journey into Creative **Expression**

The event "Boundless Culture: The Journey into Creative Expression" offered a rich tapestry of cultural insights and creative activities aimed at fostering understanding and appreciation among students.

#### **Artistic Creations**

The first segment involved South Asian handicrafts, in which participants painted traditional patterns on handbags, learning about the significance of lines and motifs. The second activity focused on South Asian

knotting techniques, allowing students to create keychains and understand the cultural importance of weaving.

This hands-on experience involves meaningful interactions between local and non-Chinese speaking (NCS) students, promoting positive value and harmonious cooperation. Both teachers and students enjoyed the collaborative environment, which emphasized the importance of cultural appreciation and unity.



Students showcase their self-confidence

through their artistic works.

rom 25th to 28th March, I had the opportunity to participate in the "Boundless Culture: The Journey into Creative Expression" event organized by our school. One of the activities involved was decorating a plain bag with different flower patterns. There was also a crafting activity which we made our own keychains by tying strings. Although I'm not very skillful at arts and crafts, teachers provided a lot of helps and encouragement to the students who were struggling. Additionally, we watched films that helped me gain a deeper understanding of the multi-culture of Hong Kong. Through this learning experience, was able to develop a greater appreciation for the diversity within my community.

Poon Ka Kiu I 3 Love



浮光掠影:電影分享會——元素大都會

Elemental

Movie Screenings

The event also featured two poignant film screenings. The first, 'The Sunny Side Street' , a Golden Horse Award-winning film, depicted the struggles of South Asian communities in Hong Kong and their resilience in overcoming societal challenges. This powerful narrative deeply resonated with the students, who, guided by their teachers, engaged in thoughtful discussions about empathy and support for diverse ethnic groups within a predominantly Chinese society.

The second film, 'Elemental', a Disney animation, extended the reflective experience through guided discussions and creative expression activities such as group games and drawing. These activities encouraged students to internalize and express the positive values they learned from the film, such as unity and mutual respect.

#### Conclusion

Overall, the event was a resounding success. Students emerged with a wealth of positive values, including inclusivity, respect, empathy, and anti-discrimination. The diverse range of activities provided an immersive experience that allowed students to deeply engage with and appreciate different cultures.

Teachers and students help each other. demonstrating mutual empathy and care.

> Delighted to see local students actively participating in the activities.



## Workplace Reflective Learning



Building empathy through engaging games and shared reflections.



Teachers and students have fun customising their handbags.

recently attended the the Life Wide Learning activity series, and it was an incredible experience! The variety of arts and crafts, paintings, and movie activities on offer was truly impressive. I loved how creative and engaging the activities were, and how they allowed us to express ourselves in different ways. The painting session was particularly enjoyable, as we were able to let our imagination run wild and create some truly unique pieces. The movie activities were also a lot of fun, as we could watch some classic films and discuss their themes and meanings. Overall, I had a fantastic time in the activities and would definitely recommend it to anyone looking for a fun and creative outlet.

Nareena Kaur | 4 Faith

Students proactively share their works, a

of courage.



Various activities were organized by different departments to encourage students to face challenges and embrace new experience during the Life Wife Learning period.



Students participate enthusiastically in the competition, immersing in the excitement of the new sport.





Students are so eager to play kinball for the first

In the afternoon, students move to the

field for the official matches, showing their talent and physical strength in playing



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Students gather on the field for the official kinball matches.



Voluntary Workshop

A student tries to use a plough with the help of an

Students can practice what they have learnt.

Students can learn how to extract soy milk from soybeans

in a traditional way. What a precious experience!



nitially, our students decided to bring joy and companionship to the seniors who stayed in a local elderly home through a series of activities. However, as the influenza virus swept through the facility, the initiative took a thoughtful turn. Our students, in the end, joined two training workshops to enhance their skills and ability to support the vulnerable population instead.

In the first workshop, participants learnt how to organise activities for the elderly and apply various strategies to communicate effectively with them. They explored methods to engage seniors in meaningful conversations, understand their needs, and create inclusive activities that promote social interaction and mental stimulation for them. By the end of the session, students gained valuable insights into the importance of empathy and patience when working with the elderly.

The second workshop provided hands-on training in guiding individuals with visual impairments and assisting those who use wheelchairs. Students practiced techniques for safely navigating different environments, learning how to offer appropriate support while fostering independence. They gained confidence in providing guidance, understanding the importance of clear communication, and being aware of the physical challenges faced by individuals with disabilities.

Overall, these workshops equipped students with essential skills to make a positive impact in their communities.

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Students listen to the details of the activities attentively .

Students enjoys making soy milk.









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