



Glorifying God, Edifying People 崇聖敬道 榮神益人

**2018– 2019 Circular to Parents (90)**  
**Matters on the 16<sup>th</sup> Sports Days**

4 January 2019

To our dearest parents,

I have great pleasure to remind you that the 16<sup>th</sup> Anniversary of Sports Days will be held at Kowloon Bay Sports Ground on 1<sup>st</sup> and 4<sup>th</sup> March 2019. Please remind your child of the following details:

- Time : 8:30 a.m. – 5:00 p.m. (Entering the sportsground after 8:30 am will be counted as late)
- Venue : Kowloon Bay Sports Ground (Refer to next page)
- Lunch : All students have to stay at sportsground for lunch.
- Dress : Students are only allowed to wear proper PE uniform or house shirts or athletic or school team uniform.
- Health condition : Students should be clear about their physical and mental health so as to decide whether they are able to participate in the competition. If any student feels sick, he/she should report to teacher immediately so as to be handled with great care.
- Schedule : For reference only (Refer to next page)

Please sign the reply slip and return to Form teachers on or before 10 January 2019. Should you have any enquiries, please contact Mr Chu Chong Tat at 2372-0033.

In the Lord's service.

Tsui Chiu Mui  
Principal  
ECF Saint Too Canaan College

**Reply Slip**  
**Matters on the 16<sup>th</sup> Sports Days**

Dear Principal,

- I acknowledge the receipt of circular to parents (90) regarding the 16<sup>th</sup> Sports Days and I
- \* will attend the Sports Days' competition appreciation on \* 1 March / \* 4 March. (See below)
- \* will not attend the Sports Days' competition appreciation.

Will parent participate in the PTA Parent-child 4X100m Relay on 4 March?

- \* I will participate in the relay \*with/without my child. (Please delete if inappropriate)
- \* I will not participate in the relay.

\* Please tick '✓' in the appropriate box

Parent's Signature: \_\_\_\_\_  
Parent's Name: \_\_\_\_\_  
Student's Name: \_\_\_\_\_  
Class: \_\_\_\_\_ ( )  
Date: \_\_\_\_\_

Map (Kowloon Bay MTR Station to Kowloon Bay Sports Ground)



Day 1

	Track		Field					
	Boys	Girls	Boys A	Boys B	Boys C	Girls A	Girls B	Girls C
A.M.	Opening Ceremony							
	200m (Heats)		Long Jump	Long Jump	Discus Throw	Shot Put		
	1500m (Final)				Long Jump	High Jump	Javelin	
	400m (Heats)		Triple Jump	Shot Put		Discus Throw		
	100m (Heats)		Shot Put	Javelin			High Jump	
Lunch Break	Lunch Break							
P.M.	100mH/110mH (Heats)			Discus Throw	High Jump	Long Jump	Shot Put	
	Inter-house 4x100m relay (Final)							
	Inter-house 4x400m relay (Final)							
	Inter-house Cheering Team Competition							

Day 2

A.M.	200m (Final)		Discus Throw	Triple Jump				Shot Put
	800m (Final)		High Jump	High Jump		Javelin		
	100m (Final)		Javelin		Shot Put		Long Jump	High Jump
	400m (Final)							Discus Throw
	3000m Open Event (Final)							
Lunch Break	Lunch Break							
P.M.	Primary school 4x100m Invitation relay (Final)							
	Alumni 4x100m relay (Final)							
	Inter-house teachers-students 4x100m relay (Final)							
	PTA Trophy 4x100m relay (Final)							
	Prize presentation & Closing Ceremony							