

No.	Functional Group	Activity Name	Lesson Contents	Promotional Description	Single/Double Lesson
D1.	Canaan Basketball Club	Canaan Basketball Club Demo Lesson	Basic basketball skills, team building tasks	Basketball Club is a precious part of the diverse life on campus, where students can practice basketball skills and provide a chance for competition	Double
D2.	Canaan Band Club	Canaan Band Club Demo Lesson	Band songs sharing, playing instruments and song composition.	Band Club is a precious part of the diverse life on campus, where the musical talent grows and where the leadership gets literally practiced	Double
D3.	Ikenobo Club	Ikenobo Ikebana Demo Lesson	Students learn how to express the beauty of nature through arranging plants and know more about Japanese culture.	STCC is the first secondary school where Ikenobo Ikebana has been held as extra-curricular activity. While learning this Japanese traditional art, students can appreciate the beauty of nature, respect the nature and be a better person.	Double
D4.	Model Society	Model Making Experience	Basic model making technique: model assembling, cutting, inking, painting.	FREE model kit will be provided for students who join Model Making Experience.	Double
D5.	Cooking Class	Cookies Lesson	Make cookies and decorate with icing.	Wanna make your unique cookies? Don't miss the chance!	Double
D6.	STEM Society	A Scary and Joyful STEM Experiment	1. Centre of gravity (COG): Definition and experiment 2. Centroid: The method of finding the COG in Math 3. Python: The fast and accurate method in the computation of finding COG 4. Activities about COG	Question: Do you know any common point between tumbler, pendulum principle and traffic accident? Centre of gravity (COG) is a concept in Physics and Mathematics. It can be calculated by using computational program. But, you can't imagine that your life will be endangered if you ignore the effect of COG. All participants in this program will experience the principle about COG through "terrifying" experiments, various activities and games. You can imply it into your daily life issue. Do you have enough courage to join?	Double
D7.	Badminton Team (B&G)	Badminton Class	Basic badminton technique, games and competition	With the goal of cultivating students' interest in badminton. Different games, training and teaching methods are added for different ages to make students keep engaged and establish a lifelong exercise habit	Double
D8.	Climbing Club	Climbing Experience	Basic climbing technique, games and competition	You may not be able to climb Mountain Everest, but you can absolutely climb the wall in Canaan!	Double
D9.	Cycling Club	Cycling Experience	Basic cycling technique, games and competition	Handlebars, full-manual brake system, single-wheel drive... Can a bike turn into a motorcycle? Depending on whether you will be joining!	Double
D10.	Dodgeball Team (B&G)	Dodgeball Experience	Basic dodgeball technique, games and competition	With the goal of cultivating students' interest in Dodgeball. Different games, training and teaching methods are added for different ages to make students keep engaged and establish a lifelong exercise habit	Double
D11.	Football Club	Football Experience	competition	Ignite all your passion! Running with the ball!	Double
D12.	Frisbee Club	Frisbee Experience	Basic frisbee technique, games and competition	Have you heard of this sport? Come and experience it yourself!!	Double
1.	A Cappella Team	Experience of A Cappella Training	Basic A Capella technique trainings	Gilbert Wong is a member of the professional a cappella team, Vsing. Students can experience a lecture of professional a cappella performances. Any students who are interested in singing are welcome to participate.	Single
2.	Board Game Society, The Boys' Brigade & Christian Ministry Team	Game and Music Journey	1. To play exciting Novuss (table chess) and board games, experience the teacher-student friendly match. 2. Sing Christian songs together and learn the basic skills of Cajon. 3. Learn the knotting skills of Boy's	Experience the fun of board games and know the gospel	Single
3.	Darts Club	Darts Experience	Introducing the basic skills in playing darts. Various dart games will be provided	Want a sport that won't make you sweat? Come and join us!	Single
4.	Drama Club	Ignited: Your Dramatic Souls	1. Body movement training (5 mins) 2. Imagination and Expression training (10 mins) 3. Performance watching (10-15 mins) 4. Small group script creation and show time (15 mins)	Do you know the meaning of the word "Play"? In addition to the explanation of a verb like "playing games", "Play" can also be interpreted as drama in a noun form. The Drama Club will take you through a series of lustful drama activities, blasting the stage with your dramatic soul together! Let's get ignited!	Single
5.	Face Painting Workshop	Face Painting Workshop	1. Tools of face painting 2. Usage of Color 3. Painting skill	You can draw on your skin, no more paper drawing. Enjoy and get the positive energy.	Single
6.	Rope-skipping Class	Rope-skipping Class	Basic Skill of Fancy Rope Skipping	Rope-skipping is FUN!!	Single
7.	Sailing Society	Dinghy Sailing Certification Scheme, sponsored by the Scallywag Foundation	Level 1, 2, 3 & 4 Hong Kong Sailing Federation Dingy Certification Scheme. 1 - Introduction to Sailing 2 - Basic Sailing Skills 3 - Improving Techniques 4 - Advanced Skills	English on the Water! Essential communication and whole person development through a sponsored sailing programme that offers a job or an opportunity to join the HK Olympic sailing team.	Single
8.	Worm Growing Project	Worm Growing Demo Lesson	1. Understand the concept of edible insects 2. Understand the benefits of cultivating edible insects	Many studies have pointed out that insects are rich in nutritional value, and insectivorous is environmentally sustainable, which can solve the food crisis and is one of the important foods for mankind in the future. What is the point of "edible insects"?	Single
9.	Creativity and Technology Society	Essential Aerial Photography	1. Introduction 2. Applications	Be a bird and free to soar, come on!	Single

10.	Career Prefects	My Game My Life	To learn the principles of life planning and understand themselves through games	How much do you know about yourself? Do you know what life planning is? Through relaxing and fun card games, you can explore not only about yourself but also the future pathways of your life!	Single
11.	Green School Society	DIY Eco Bag	Society members introduce the concepts of environmental conservation and its implementation in Hong Kong. Then society members demonstrate steps to create tote bags using the used Tee-shirts.	Do you have any used Tee-shirt left in the closet for years? Now it is time to make it into useful tote bag. Come and join us and bring home the tote bag of your own creation. (Participant needs to prepare an used Tee-shirt, it is NOT recommended to buy a new Tee-shirt for the workshop)	Single
12.	Red Cross	Red Cross Youth Unit 265 Experience	To promote Red Cross Youth Unit, let students experience and learn the spirit of serving, caring and disciplines from the existing team.	Students can benefit a lot from experiencing the service and training content and of such a well-known uniformed group within one day.	Single
13.	Student Union	Let It Go	Students can participate different kinds of game. There will be 3 games in total, namely Puzzles, Relay race, Guess to Draw	Challenging games, unprecedented experience, detective mind and team work, are you ready?	Single
14.	English Society	English Language Games and Activities	English language and thinking games, popular culture conversations, watching movies, and reading books. Lessons vary depending on the age groups and ability.	Whether we're playing English games, having popular culture conversations, or simply watching a movie, the English Society meetings are relaxed and fun. Students feel like they can express themselves freely in a warm, yet controlled immersive English environment.	Single
15.	Music Society & School Choir	Voice Projection Techniques and Expanding Vocal Range	Vocal and choral singing techniques	Ms. Patience Fung is tutor of major local and school choirs in Hong Kong. She has performed in opera productions as well as local and overseas concerts. Students can experience the joy of choral singing and learn how to expand their vocal range. Any students who are interested in singing are welcome to participate.	Single
16.	Basketball Team (B&G)	Basketball Class	Basic skills and modified game	Please Come and Join us!	Single
17.	Chinese Speech Team	Voice Acting Class	Try to experience voice acting in Radio Drama of movie or animation within a small group	To appreciate how wonderful and funny our languages are via acting voices in radio drama of movie or animation. (only Cantonese or Putonghua)	Single
18.	English Debate Team	Public Speaking Skills and Debate Competitions	Train up students on the essential presentation skills required for public speaking, in addition to content research, structure and note writing skills. Plus personally develop each student's soft skills ability, such as collaboration and interpersonal communication, to better prepare them for a workplace	Become a more confident English speaker, and make new friends, through learning essential public speaking skills & techniques in the Debating Society	Single
19.	Fencing Team (B&G)	Fencing Class	Introduce different forms of fencing and basic fencing techniques	Mastering the art of fencing!	Single