

ECF Saint Too Canaan College
基督教中國佈道會聖道迦南書院
2019 – 2020 Secondary 1 Parents' Workshops
2019 – 2020 年度中一新生家長工作坊

Introduction of Workshops and Speakers
工作坊資料與講員簡介

(1) Secondary 1 Learning Strategy: Memory Training Skill Workshop
中一級學習策略：記憶培訓工作坊



Mr. Li Kam Fung (李鑑峰校友)

- Date:** Saturday, 23 February 2019
Time: 2:00 – 4:30 p.m.
Venue: 2/F School Hall
Language: Cantonese
Aim: The workshop aims to cultivate students' advanced learning skills and improve their academic performances by acquiring holistic memorizing skills and learning strategies. Meanwhile, students will be able to enhance their concentration, memory and ability of revision after the workshop.
Content: Assessment of students' present memorization skills, application of memorization skills, whole-brain training skills (Instantly enhanced concentration)
Speaker: Mr. Li Kam Fung, an alumnus of STCC and Director of "HK Academy of Memory". He is also the Honorable President of Hong Kong Memory Representing Team, training instructor of different corporations and schools, and the record holder of various memory competitions in Hong Kong. He is currently working as a trainer for schools and enterprise, and he was previously interviewed by major media in Hong Kong. Apart from being invited by universities and local schools as guest speaker, Mr Li has organized employee training programme for many commercial firms. He is also the only memory training instructor that has been invited by Peking University as a trainer.

- 日期：** 2019年2月23日（星期六）
時間： 下午2:00 – 4:30
地點： 2樓禮堂
語言： 廣東話
目的： 為同學進行即場評估，了解同學的溫習模式並提供改善方案，馬上學懂全套記憶方法及改善讀書技巧，同時以簡單直接的方法增強同學的專注力、記憶力和溫習能力，能更高效率和更全面地準備考試！
內容： 即場評估、記憶法學習應用、獨家高速讀書法（即時提升專注力）
講員： 「香港記憶學院」創辦人李鑑峰校友，為香港記憶代表隊榮譽主席，超過10年記憶培訓經驗，自2006年起贏取多個本港及海外記憶賽事獎項，同時亦為香港多項記憶力紀錄保持者。現職各學校及企業培訓導師，曾接受香港各大傳媒採訪報導。除多次應邀到香港各大學及中、小學作教學培訓並舉辦生命教育講座外，亦為眾多商業機構提供員工培訓，更是目前為止唯一獲邀到北京大學教學的記憶培訓導師，曾幫助過萬學員提升學習效能。

(2) Parenting Workshop: Nurturing Kids – Respect, Responsibility and Ability to Overcome Adversity

親子關係講座：培育孩子—尊重、責任心和抗逆力



Dr. Wat Wai Ho (屈偉豪博士)

Date: Saturday, 6 April 2019

Time: 2:30 – 4:30 p.m.

Venue: 2/F School Hall

Language: Cantonese

Speaker: **Dr. Wat Wai Ho** is an experienced family therapist and a holder of PhD in Marriage and Family Therapy and qualified practitioner in California. Dr. Wat is also an Honourary Fellowship and Clinical Supervisor of American Association of Marriage and Family Therapy, an academician of College of Pastoral Supervision & Psychotherapy and the Hong Kong Professional Counselling Association. He is a registered supervisor in Hong Kong Marriage and Family Therapy Association and an instructor of Family Counselling Course in multiple universities. In addition, he has been a frequent guest speaker of related talks and a guest host of programmes on various radio and television shows, in which he shares and explains the key to success in marriage and family life.

日期： 2019年4月6日（星期六）

時間： 下午二時三十分至四時三十分

地點： 本校2樓禮堂

語言： 廣東話

講員： **屈偉豪博士**是一位資深執業家庭治療師，婚姻及家庭治療哲學博士，擁有美國加州之執業資格，亦為美國婚姻及家庭治療學會臨床院士暨檢定臨床督導，美國牧關督導及心理治療學院院士，香港專業輔導協會院士，認可督導暨認證輔導員，香港婚姻及家庭治療協會認可督導，於多所大學任教家庭輔導課程，為多所輔導中心之顧問及督導，亦經常應邀主講講座，並曾在多所電台及電視台擔任嘉賓主持，講解婚姻及家庭生活要訣。